

# The Food Source

Serving Member Anti Hunger Programs and Agencies Throughout Westchester County



October 2009

[www.foodbankforwestchester.org](http://www.foodbankforwestchester.org)

Volume 17, Issue 4-  
Nutrition Not Just Calories

## Agency of the Month: New Beginnings

Michal T. Winter

When clients "graduate" from a shelter to permanent housing it is a great but sometimes bitter-sweet experience. It's wonderful to finally have a place they can call their own, but it is also frustrating to get everything that is needed when setting up housekeeping for the first time. This is the need that a local Junior League set out to fill when it began in the basement of a member's home over 20 years ago.

And so *New Beginnings* set out to supply these clients, whether they are single, or with children, men or women, with basic household items to help create their "home".

Each client, receives a laundry basket filled with:

An alarm clock, calendar, soap, toilet tissue, paper towels, 2 mugs, a brand new full set of pots and pans, and a food pantry bag that contains meals for a family of four for 3 days. Once these basic needs have been met, the client can then "shop" for other items such as bedding, linens, towels, plates, bowls, silverware, small appliances, children's clothes, even candle sticks and picture frames which help their new place feel like home.

New Beginning's wish list includes children's character sheets in good condition, which are always a big hit with families.

Through extreme generosity, *New*



*New Beginnings staff: Michelle Buell, Holly Von Bernuth, Laura Lillienfeld, with client Nyle Mann*

*Beginnings* is now located in the basement of the Open Door in Ossining, where they have a room that is filled with the donations of household items. They are open every Monday (except holidays) from 9:30 am - noon. At that time they see clients who have been referred to them by different agencies throughout the area, as well as receive donations. As you can imagine with all this coming and going it is a very busy place! Still, no one is ever turned away if they have forgotten their referral, and no donation is too small.

Laura, orders the food for the pantry bags. She has a system that she streamlined; she uses POL (on line ordering) to order once a month so she will have all the basics on hand. If it is particularly busy month she will place a second order to "fill in". All of her orders are picked up as she makes her way to *New Beginnings* on Monday mornings.

*New Beginnings* is a program which enables their clients to start building their new lives, and helps create an environment to live in that they can call "home".

## Delivery Procedures

As we head into the holiday season, the orders that we will be delivering will grow, in size and frequency. Therefore there are a few delivery procedures that we are asking all agencies to follow to help keep the deliveries on time, and correct.

- Please remember that our drivers CANNOT bring the products into your agency. It is the agency's responsibility to provide the manpower to bring the product inside.
- All delivery times given are a 30 minute window. If you are told that the truck will be there at noon, have your agency ready to receive by 11:30 -deliveries can be early!
- Do not ask the driver to wait as you verify the order. All counting and checking must be done after the driver has left. If there are any discrepancies, phone them in THAT DAY.
- Empty skids will be picked up at the following delivery. Please leave them out where the driver can see them.
- Any holiday that disrupts delivery service will be made up by deliveries the *following week*. You can schedule to pick up your order on another day, but deliveries will be made the next week.

Remember we have 187 agencies, and some orders are multiple skids, this means our trucks make multiple trips to your area. We hope these tips will help both your agency and the Food Bank have a smooth holiday season.



## Hunger Heroes Award Winners 2009



Service Provider Award winner—Yonkers Community Action Program, accepted by Linda Heyward



Donor Award winner—The Peak101.7, accepted by Jason Finkelberg



Volunteer Award winner—Karen O'Brien of Community Services Associates



Corporate Service Award winner—Fuji Film, accepted by Laurie Franco

# Message from the Executive Director



Dear members:

We are a team, fighting hunger in Westchester. As a team it means we have to work together, to support each other in our efforts to get food to hungry people in Westchester.

A huge thanks to all the agencies working with the Rapid Food Distribution program. Besides the host site it took a whole cadre of member agency staff and volunteers to get the fresh food distributed "RAPIDLY" and in an orderly manner. This is an example of team work at its best. We would like to do many, many more such distributions.

To continue the best teamwork possible is critical to our collective ability to get food to hungry Westchester residents. As we enter the fall and soon winter months with greater demands for food because of need and the holidays your support of the Food Bank's efforts are essential. In this newsletter on the front page is a column called "Delivery Procedures". Please review this information with your staff so they are aware of expectations and what services can or cannot be provided.

Above all please notify us if you cannot be at your agency to accept an order....please notify us well ahead of your scheduled delivery date, be it for Green Thumb or regular food order. When the Food Bank truck is at an agency and no one is there to accept the order, the whole schedule is thrown off not to mention the waste of energy and time ....it impacts us all.

I urge all of you to support the proposed County Department of Emergency Services Food Warehouse project ....please let all your legislators know how beneficial a Food Bank / Westchester County DES partnership would be to all the residents in Westchester. If you need more information just contact me.

**Thank you all for your commitment to team work and excellence.**

Christina

## Agency News:

We all wish **Reverend Winston Clark of the First Reformed Church Food Pantry and Soup Kitchen** in Mt. Vernon a long happy and healthy retirement. It has been a great pleasure and privilege to work with someone so committed to the people of his community.

The **Summerfield Food Pantry** in Port Chester is in need of a computer. If you can help contact Pastor Carmen Margarita Ortiz at 914.939.4960

The **Westchester Consumer Empowerment Center** is looking for donations of winter coats for men and women. If you can help contact Dianne Caruso or Margaret DiSapio at (914) 576-7022.

The **Community Center of Northern Westchester** is collecting *new* warm sleepwear, robes, socks and slippers for children, ages infant through 18 years. If you would like to donate call: 914.232.6572

The **Family YMCA in Yonkers** is running a new program: **Strengthening Families**, for caregivers and youth ages 10 - 14. This program is designed to help parents and youth understand each other and make the family unit stronger. Program runs from Nov. 3 - December 15th, dinner and free babysitting provided. Contact Chris Haywood 963.0183 for further details.

**Hawthorne Foundation Lafayette House** could use large pots and pans, any donations call Monique Penn @ 734.7731

Lexington Center Executive Director Adrienne Marcus, with Andrea Easterling and Ann Ward, show off the new nursery for the Generations program at the Open House for their new home in New Rochelle.



### Welcome to our newest member agencies:

- **YMCA Yonkers Families and Adult Feeding program** - Riverdale Avenue, Yonkers. Serving dinner Mon-Fri 6-7pm
- **YMCA Yonkers Senior Lunch Program** - Riverdale Avenue, Yonkers
- **Living Resources Lexington House Residence** - Mohegan Lake

# Green Thumb

- Oct. 5 - 9** Garlic, Cilantro, Sweet Corn, Onions, Tomatillos/Potatoes, Cantaloupe/ Apples/Pears, Kiwi/Limes
- Oct. 12 - 16** Potatoes/Sweet Corn, Carrots, Cauliflower/Turnips, Acorn Squash, Broccoli/ Boston Lettuce, Apples/Oranges, Limes/Pears
- Oct. 19 - 23** Kale, Cauliflower, Onions (yellow) Celery, Pears/Apples, Plums/Nectarines/ Grapefruit
- Oct. 26 - 30** Broccoli, Mushrooms/Romaine, Leeks, Potatoes, Oranges/Peaches, Pears/ Apples

*Remember: All Cancellations of your Green Thumb Order must be made 2 weeks in advance! all green thumb items are subject to availability and prices may vary.*

**You don't have to receive green thumb to get fresh produce!!!**

**Order fresh produce by the case**

**Orders can now be taken Wednesday and Thursday. If you would like a weekly produce list sent to your e-mail contact:**

**Pat or Cora**

*You will be notified of the items available and the prices by the case the day you order .*

**Get Fresh Produce for your clients**

## Products Available:

**Look for these items in October:**

**Purchased**

*Look for Holiday Food Items coming into the warehouse early this month*

**Donated**

Enriched Pasta  
5lb pkg Frozen Ham Pieces

**USDA**

Green Beans  
White Rice  
Great Northern Beans (Dry 2lbs) BAGS)  
Peanut Butter



## Dates to Remember

- Sat. Oct. 3** Repack 9am - 1pm
- Tues. Oct. 6** Orientation - Contact Michal
- Fri. Oct. 9** September Monthly Reports Due
- Fri. Oct. 30** Inventory - NO ORDERS
- Sat. Nov. 7** Repack 9am - 1pm
- Tues. Nov 10** Orientation - Contact Michal
- Thurs. Nov. 26**
- Fri. Nov. 27** **FOOD BANK CLOSED FOR THANKSGIVING HOLIDAY**
- Mon. Nov. 30** Inventory - NO ORDERS

## Agency Conference Wrap Up

For those who were unable to attend our **Eleventh Annual Conference of Member Agencies Fighting Hunger in Westchester**, it was a jammed packed morning, filled with valuable information on new programs, as well as an inspirational keynote speaker, and of course a wonderful breakfast. There was also opportunity to network with other agencies, share stories and get ideas. All handouts are available by mail or e-mail, simply contact Michal to receive your copy.



New agencies such as Shiloh Baptist Church Food Pantry, and seasoned agencies such as Hope Community Services, sat and shared stories, frustrations, about feeding the hungry in their communities.



## Grants Available

### **ADOPT-A-PANTRY!**

Once again the Food Bank is pleased to be able to offer all member agencies the opportunity to apply for an Adopt-a-pantry grant just in time for the holidays!

If you are interested - please send a short request to Michal either by mail, fax or e-mail to [Michal.winter@foodbankforwestchester.org](mailto:Michal.winter@foodbankforwestchester.org)

**ALL REQUESTS MUST BE RECEIVED BY OCTOBER 16TH!**

**EVERY MEMBER AGENCY IS ELIGIBLE - BUT YOU MUST SEND IN YOUR REQUEST!**

**Don't miss out - send your request today!**

# OCTOBER HEARTY HELPINGS

## October Hearty Helpings Combo

**Box: \$25:**

**3 -- 1lb pkg Chicken Breasts (boneless)**

**4 -- 1 lb pkgs Breaded Chicken Breast Patties**  
(fully Cooked)

**4-- 8 oz pkg Ground Pork**

**4-- 1 lb pkg Extra Lean Ground Beef (90/10)**

## SPECIALS:

**#1 - 2lbs Wild Salmon Filet Portions**  
**\$7.50**

**#2 - 2 lb pkg. Raw Shrimp \$9.50**  
(31/40 ct peeled and deveined)

**Orders in by: Monday, Oct. 5**

**Pick up: Friday, Oct. 30,**

## Host Sites:

St. Joseph of Arimathea (Elmsford) - Joan Cameron @ 347.8207

Ossining CAP Doris Goodson @ 923.6380

Peekskill CAP Mary Rainey @ 739.1451

Greater Centennial Church - Mt. Vernon - Virginia Douglas or  
Jean Kirkland @ 664-1838

San Andreas Church - Yonkers - Beatrice Castrillon @ 963.9523

Tarrytown COC - Denise Edwards - @ 631.7340

Port Chester Carver Center - Tarin - @ 939.4464

New Rochelle Housing - Charles Morgan @ 235-8193

***We Need more host sites!!!***

***Help us get these quality meats to your  
clients at affordable prices!***

***Contact Michal to be a host site in your area!  
923.1100***



358 Saw Mill River Road  
Millwood, New York 10546

Phone: 914.923.1100

Fax: 914.923.1198

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