

# The Food Source

Serving Member Anti Hunger Programs and Agencies Throughout Westchester County



March 2010

[www.foodbankforwestchester.org](http://www.foodbankforwestchester.org)

Volume 18, Issue 3

Dear Food Bank Members,

You are all going to get tired of me and my one note message...but that is a risk I will have to take.

**SEND IN YOUR HUNGER HERO NOMINATIONS!**

**DEADLINE APRIL 1, 2010**



Why is it important for your agency to participate?

It is important to let people (individuals and groups) and companies know what an important contribution they are making to the community by supporting your work. Even if your nomination is not selected to receive the award this year, just the fact that you nominated them is a huge thing and will go a long way to sustain your relationship.

**YOU SHOULD BUY A TICKET TO THE HUNGER HEROES AWARDS BREAKFAST AND BRING YOUR NOMINEE!**

The Hunger Heroes Awards Breakfast is a very public way to show your appreciation for the folks that help us feed hungry Westchester residents. It is a very public way to show the whole community our unity, strength and the important work we do in Westchester. It also informs the Westchester community (many who still do not understand) that Westchester does have a hunger problem and what WE are doing to address it.

Of all the events and activities in Westchester, the Hunger Heroes Breakfast is one that you should participate in and attend.

**THIS IS YOUR PARTY!**



## **Hunger Heroes Award Winners 2009**



Service Provider Award winner—  
Yonkers Community Action Program, accepted by Linda Heyward



Donor Award winner—The  
Peak101.7, accepted by  
Jason Finkelberg



Volunteer Award winner—Karen  
O'Brien of Community Services  
Associates



Corporate Service Award winner—  
Fuji Film, accepted by Laurie Franco

# March 2010 Hearty Helpings

## March 2010 - HHC Products Available

Code	Pkg. Size	Item Description	Price
#1	4.5lb	Whole Chicken - Individually Wrapped	\$4.00
#2	2lb Pkg	Large Shrimp (31/40ct) - Peeled & Deveined	\$10.00
#3	2lb Pkg	Wild Salmon Fillets	\$7.00
#4	2lbs	Pork Sirlion Roast - Boneless	\$4.25

## March 2010 - HHC Combo Special

C1	<u>Combo</u>	All products above!  (1 of each!)	\$25.00
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*You must Pre-pay for your order before:*

3pm Tues.—March 9, 2010

### Host Sites:

*Ossining CAP - Doris Goodson @ 923.6380*

*Greater Centennial Church - Mt. Vernon - Virginia Douglas or Jean Kirkland @ 664-1838*

*San Andreas Church - Yonkers - Beatrice Castrillon @ 963.9523*

*Tarrytown COC - Denise Edwards - @ 631.7340*

*Port Chester Carver Center - Tarin - @ 939.4464*

*New Rochelle Housing - Charles Morgan @ 235-8193*

*We Need more host sites!!!*

*Help us get these quality meats to your clients at affordable prices!*

*Contact Toby to be a host site in your area!  
923.1100*

### *Agency News:*



## ADOPT- A - PANTRY

Once again the Food Bank is pleased to be able to offer all member agencies the opportunity to apply for an Adopt-A-Pantry grant.

If you are interested, please submit a one page request indicating why you are seeking additional funds.

Please send your request to Suzanne Johnson by mail, fax or e-mail to [suzanne.johnson@foodbankforwestchester.org](mailto:suzanne.johnson@foodbankforwestchester.org).

All requests must be received by March 25th!

**Every Member Agency is eligible - however, your monthly reports must be up to date.**

**Don't miss out—send your request today!**

### ATTENTION ALL FOOD BANK

### MEMBER AGENCIES

### **EFFECTIVE IMMEDIATELY!**

**Food Bank members who fail to submit their “Agency Monthly Report” on time risk temporary food ordering suspension until report is current.**

**Any agency with more than one report missing will stay on suspension until all reports are in.**

**The Agency Monthly Report is vital to the work of the Food Bank and the emergency food distribution network.**

**The statistics collected are required by both fund and food donors as well as regulatory agencies.**

**Please advise staff responsible for collecting the statistics and sending to the Food Bank that the Agency Monthly Report must be submitted to the Food Bank by the 10<sup>th</sup> of the following month...no exceptions.**

**If you need more information about this matter please contact Suzanne Johnson at 923-1100.**

# Green Thumb

- Mar. 1 - 5** Beets, Broccoli/Brussel Sprouts, Grape Tomatoes, Onions (Yellow), Grapefruit/Oranges, Bananas/Apples, Green Pears
- Mar. 8 - 12** Turnip Greens/Spinach, Cucumbers/Carrots, Green Peppers, Iceberg Lettuce, Cantaloupe/Oranges, Pineapples/Red Grapes, Tangerines
- Mar. 15 - 19** Parsley/Scallions, Garlic, Collards/Green Beans, Grape Tomatoes/Mushrooms, Potatoes (white), Broccoli Rabe, Bananas/Apples/Plums, Oranges/Strawberries/Lemons
- Mar. 22 - 26** Sweet Potatoes, Spinach/Romaine Lettuce, Celery/Mushrooms, Onions, Apples/Bananas, Green Grapes/Blueberries
- Mar. 29 - April 2** Garlic, Leaf Lettuce/Cabbage, Onions/Bell Peppers, Carrots, Cherry Tomatoes, Grapefruit/Apples, Plantains/Pears/Cantaloupe

*Remember: All Cancellations of your Green Thumb Order must be made 2 weeks in advance!*

## Order fresh produce by the case

*Orders can now be taken Wednesday and Thursday. If you would like a weekly produce list sent to your e-mail contact:*

**Cora**

*List will include cost and details .*

**Get Fresh Produce for your clients**



## New Products:

### Look for these products in March:

<u>USDA</u>	<u>Purchased</u>
Tomato Soup	Mac & Cheese
Walnuts	Tomato Sauce
Vegetarian Beans	White & Brown Rice
Rice	Whole Chickens
	Peaches in light syrup

### Donated

Soup Crackers      Assorted Cereals  
Juicy Juice Cherry & Berry Flavor



### **Don't Miss this Beverage!**

#### Liquid Orange Syrup makes:

A great drink, just add water (no sugar needed)  
Mix with fruits or pineapple slices to make a punch  
Make a Sundae float by adding ice cream  
And the gallon size should last a family for 3 weeks!



## Dates to Remember

- Saturday, Mar. 6**      Repack
- Tuesday, Mar. 9**      New Agency Orientation
- Wednesday, Mar. 10**      Feb. Monthly Reports Due
- Wednesday, Mar. 31**      INVENTORY - NO Deliveries or Pick-Ups
  
- Saturday, Apr. 3**      Repack
- Tuesday, Apr. 13**      New Agency Orientation,  
Mar. Monthly Reports Due
- Friday, Apr. 30**      INVENTORY - NO Deliveries or Pick-Ups

## Rapid Produce Distribution Sites

**Tues. (3/9) - New Rochelle (4 - 6pm)**

Union Baptist Church  
438 Main Street

**Wed. (3/10) - Ossining (1 - 3pm)**

Star of Bethlehem  
304 Spring Street

**Thurs. (3/11) - Peekskill (3 - 5pm)**

The Kiley Center  
709 Main Street

**Thurs. (3/11) - Port Chester (4 - 6pm)**

Summerfield United Methodist  
225 King Street

**Phone:** (914) 923-1100      **Fax:** (914) 923-1198

**Sponsored by:**



**\*\*If your agency would like more information or to participate in this free produce program please contact**

**Toby Pidgeon at the Food Bank!**



**June 8th is the 2010  
Hunger Heroes Awards Breakfast!**

**DEADLINE APRIL 1, 2010**

***Nomination forms are enclosed!***

**Don't miss this chance to tell all of Westchester about  
your  
Hunger Heroes!**



LEADING THE CHARGE TO END HUNGER

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