

Now On The Road



Keep your eye out for our beautiful new truck, not only delivering food, but also a message to the Westchester community to help join the fight against hunger.



LEADING THE CHARGE TO END HUNGER

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The Food Source

Serving Member Anti Hunger Programs and Agencies Throughout Westchester County



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www.foodbankforwestchester.org

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Nutrition Not Just Calories

Looking Back on 2010

Michal T. Winter

2010 has been a particularly tough year. Lots of people to feed with limited resources. Nevertheless, as it comes to a close, we can't help but look back to see what we have accomplished.

If you came to the Food Bank Conference in September than you are aware that in the 2009/2010 fiscal year over 6 million pounds of food were distributed that is 1 million more than last year. But what accomplishments have been made on the local level?

We asked our member agencies to tell us of their 2010 accomplishments and were thrilled with the response. The following are just some things which our member reported

- **Shiloh Baptist Church** in New Rochelle started a Breakfast program on Sunday mornings from 8:15am to 8:45am, all are welcome. They also had a special Veterans Day food pantry distribution with the aid of a local Girl Scout Troop.
- **The Mt. Kisco Interfaith Food Pantry** became a Rapid Distribution Location, offering over 26,000 pounds of food to over 140 households. They also started receiving twice weekly donations of bread from Panera, allowing them to give out bread to as many as 181 families.
- **Operation FightBack** in Yonkers, started a backpack program for youth ages 5 through 18.
- **Hope Community Services Soup Kitchen**, New Rochelle started a Guest Chef Program. Once a month a restaurant/chef brings a complete gourmet meal served to the soup kitchen clients. This involved an Italian restaurant, catering companies, burger joints, and Mexican restaurants –complete with a Cinco De Mayo Mexican fiesta featuring a Mariachi band.
- **The Boys and Girls Club of Northern Westchester** launched a Backpack Buddies program providing healthy food and recipes to

approximately 90 children in their afterschool program.

- **The Yonkers SDA Food Pantry** has celebrated their 10 year anniversary never missing a Wednesday distribution, and attracting 10—20% new clients weekly. Their dedicated volunteers make this possible.
- After almost 30 years operating under the Asbury United Methodist Church, the **Cortlandt Emergency Food Pantry** became its own not-for-profit, tax exempt charitable organization, with the church remaining their gracious host.
- **San Andres Food Pantry**, Yonkers was able to offer food, clothing, shelter and comfort for 3 days and 2 nights to 75 displaced neighbors, when their homes were destroyed by fire.
- **Port Chester Carver Center Food Pantry** installed a walk in refrigerator to increase the distribution of fresh fruit and vegetables to their clients. They also created a shopping card system in both English and Spanish which allows clients to shop on their own, and make their food choices privately.
- **The Larchmont-Mamaroneck Hunger Task Force** switched to using reusable cloth bags for distributing dry goods. They received a few grants to help us in this effort, and the clients have been very responsible about returning their bags each week. The new bags are stronger and easier for our clients to carry, and they feel good about "going green."

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Kelly Donohoe, Junior league of Northern Westchester, teaches students how to plant and care for vegetable seeds, at the kick off of the Food Bank's Backpack Buddies Program at the Boys and Girls Club of Northern Westchester.



Hunger Heroes Award Winners 2010



Service Provider Award winner—Holy Rosary Food Pantry and Soup Kitchen, accepted by Deacon William Vaccaro



Donor Award winner—The Junior League of Bronxville, accepted by Raquelle Frenchman



Volunteer Award winner—David H. Bowman, of Trinity Church Food Pantry, Mt. Vernon



Corporate Service Award winner—PepsiCo Foundation and Pepsi Beverage Company

Message from the Executive Director

Dear Food Bank Members:

With the hustle and bustle of Thanksgiving behind us and holiday parties, presents and activities leading up to the New Year still to go...I hope you take a little time for yourself to take a deep breath and reflect on your work, your achievements and your blessings.

As far as I am concerned every day I get out of bed is a blessing. Every day that I can go to work (have a job to go to), no matter what problems are awaiting me, is a blessing.

In this issue of the newsletter you will learn about the 2010 accomplishments of many of our colleagues. What I like about these success stories is that each story is as different and varied as the people we serve, yet each goal achieved is a goal bringing us closer to reducing hunger in Westchester.

Congratulations to all for doing such wonderful and difficult work. Keep sending us your success stories so we can share with all.

Each and every one of you is truly a hunger hero.

Best to all

Christina

News:

Congratulations to our own **Marilyn Rivera** on the birth of her daughter, **Yanielle Ester**, 7 lbs. 13oz. on November 3rd! The family is happy and healthy!



Congratulations to our own, **Vernon Wellington**. Vernon recently received a certificate from the Peekskill Youth Bureau for his excellence in leadership and personal growth. Well done Vernon, and greatly deserved!

The Food Bank has a donation of a cannon MX310 printer/fax/scanner available to any agency that has a compatible computer or be able to download the drivers. Contact Michal for more information

Join us in sending our deepest sympathies to **Kaz Galas** on the loss of his mother.

Cardinal McCloskey Olinville would like a donation of a Wii system, which would be greatly beneficial to the physical activity of the residents. If you can help contact Rachelle Bruno at: 718.654.0730

Deepest sympathies sent to **Nadine Burns-Lyons of Sharing Community** on the loss of her mother

Get Well Quick wishes to **Reverend Yousef of Yonkers Hungry People**—we need you!

2010 Accomplishments (continued from page 1)

Community Services Associates, Mt. Vernon is proud of their first Taste of Mt. Vernon fundraiser. Eleven restaurants, and three bakeries helped make a delicious and fun evening that raised \$8,000.

The **Salvation Army White Plains Soup Kitchen** prepared and served meals for all the fire departments fighting the Bengel Tiger Fire, as well as for the police, fire EMS, Con-Ed, at the Burke Rehab Facility during a recent simulated disaster drill

Every agency has a lot to be proud of when looking back at 2010. Just being able feed more people in such hard economic times is an accomplishment in itself. We look forward to hearing from many more of you in 2011.



Shiloh Baptist Church New Rochelle's new breakfast program, feeding over 230 people their first month of Food Bank membership.

Green Thumb

Dec. 6-10 Beets, Bell Peppers/Mushroom, Potatoes, Red Onions/Leeks Celery/Brussel Sprouts, Grapefruit/Red Grapes, Oranges

Dec. 13-17 Celery/Spinach, Carrots, Onions, Potatoes, Apples/Grapefruit, Pears/Kiwi/Oranges

Dec. 20—23 Celery/Spinach, Carrots, Onions, Potatoes, Tangerines/Oranges/Grapefruit, Bananas/Kiwi/Apples

Dec. 27-30 No Delivery

Remember: All Cancellations of your Green Thumb Order must be made 2 weeks in advance! all green thumb items are subject to availability.

Order fresh produce by the case

Orders can now be taken Wednesday and Thursday. If you would like a weekly produce list sent to your e-mail contact:

Cora

List will include cost and details.

Get Fresh Produce for your clients



New Products:

Bulk Buying:

Mac & Cheese
Chicken rice & vermicelli
Beef rice & vermicelli
Beef Lasagna Skillet
Ground Chicken
Ground Turkey
Pork Roasts
7 different soups!

Donated:

Oat flour (use just like white flour)
Chicken broth powder
Asst. Frozen meats

USDA:

Chicken Leg quarters
Beef Roasts
Apple juice
Oats
Powdered Milk
Shelf stable milk (8 oz)
Mixed fruit

October compared to September

Pounds distributed:

<u>September</u>	<u>October</u>
565,940	621,019

Orders:

454	512
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Number of people served:

	<u>September</u>	<u>October</u>
Adults:	87,842	90,477
Children:	57,091	65,733
Elderly:	9,621	10,369
Households:	26,930	30,125



Dates to Remember

Saturday, Dec. 4	Repack 9am—1pm
Friday, Dec. 10	November Monthly Reports due
Thursday, Dec. 16	New Agency Orientation 10am
Friday, Dec. 17	Holiday Party Food Bank closes at 1:30pm
Friday, Dec. 24	Holiday—Food Bank Closed
Thursday, Dec. 30	INVENTORY - NO Deliveries or Pick-Ups
Friday, Dec. 31	Holiday, Food Bank Closed
Saturday, Jan. 8	Repack 9am—1pm
Monday, Jan. 10	December Monthly Reports due
Thursday, Jan 13	New Agency Orientation 10am
Monday, Jan. 17	Martin Luther King Day
	Food Bank Closed
Monday, Jan. 31	INVENTORY - NO Deliveries or Pick-Ups

Is your agency taking advantage of our **food rescue program**? Each day we pick up fresh products at **Trader Joe's, BJ's and Panera's**, just to name a few. These products are then delivered in our van to member agencies throughout the county. If your program has a **Serve Safe** certificate holder on staff, and would like to take part in **Food Rescue** call **Toby Pidgeon** for more information.