

# Talking Turkey at the Yonkers YCAP



First graders in the Kids Café program at the Yonkers YCAP recently learned valuable nutrition information about fruits and cheese and also had fun as they assembled turkeys out of oranges, bell peppers, grapes, cherry tomatoes, dried cranberries and mozzarella cheese. Yum!



LEADING THE CHARGE TO END HUNGER

358 Saw Mill River Road  
Millwood, New York 10546

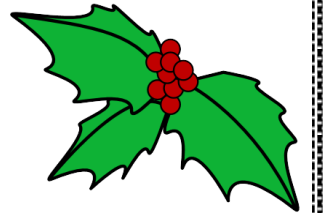
Phone: 914.923.1100

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[www.foodbankforwestchester.org](http://www.foodbankforwestchester.org)

A Feeding America member

# The Food Source



Serving Member Anti-hunger Programs and Agencies Throughout Westchester County

December 2011

[www.foodbankforwestchester.org](http://www.foodbankforwestchester.org)

"Nutrition Not Just Calories"  
Volume 20, Issue 12

## Food Bank for Westchester Moves To Elmsford

The new address is...

**200 Clearbrook Road  
Elmsford, NY 10523-1314**

The telephone number stays the same...

**(914) 923-1100**

The fax number stays the same...

**(914) 923-1198**

The website stays the same....

**[www.foodbankforwestchester.org](http://www.foodbankforwestchester.org)**

All staff emails remain the same.

### Friday, December 9, 2011...

The Food Bank offices will be closed for the move. **The office phone and emails will not be working.**

The warehouse will remain open, but **there will be no deliveries.**

Warehouse services will continue to operate from the Millwood facility until the end of January 2012.

### Monday, December 12, 2011...

All Food Bank administrative functions will take place at the new facility at...

**200 Clearbrook Rd., Elmsford, NY 10523**

The warehouse will continue to operate from the Millwood facility until the end of January.

### Placing orders, changing orders...

If you need to place or change an order, please do so **before Friday, December 9** or on or after **Monday, December 12.**

### Green Thumb & Backpack bags...

Green Thumb orders and Backpack bags will continue to be distributed as scheduled.

### Frozen and refrigerated foods...

We will discontinue stocking the freezer and refrigerator with product starting mid December and all through January to reduce what we have to move. We are very sorry for any temporary inconvenience this may cause.

### Our goal is to have no service disruptions!

### Other issues or concerns?

If there are administrative issues you need resolved, please do so **before Friday, December 9** or wait until office operations resume on **Monday, December 12.**



*The new Food Bank warehouse at 200 Clearbrook Road, Elmsford, pictured during construction above, is approximately 30,000 sq. ft. — nearly three times larger than the Millwood facility. Follow the progress of the warehouse construction on our website — [www.foodbankforwestchester.org](http://www.foodbankforwestchester.org).*



### Hunger Heroes 2011



Service Provider Award winner—  
Yonkers Family YMCA, accepted  
by Shawn Patterson-Howard



Donor Award winner—  
Whole Foods Market,  
White Plains



Volunteer Award winner—  
Steven Hunt, Sacred Heart Food  
for the Hungry, Dobbs Ferry



Corporate Service Award winner—  
MBIA Foundation accepted by  
Jean McGovern,  
Corporate Giving Manager

## Westhab Celebrates 30 Years of "Building Communities, Changing Lives"

**Congratulations** to Westhab on its 30th Anniversary! The not-for-profit housing and social services organization was founded in 1981 by real estate professionals and activist clergy frustrated by the growing crisis in affordable housing in Westchester. Through a partnership with the county Department of Social Services, a new method of housing the homeless was developed — using public assistance funds to preserve and expand decent, low-income housing rather than paying for expensive and inadequate motel shelter.

In its 30 years of operation, Westhab has produced 2,000 units of affordable housing in Westchester, including multi-family, rental, affordable home ownership, family & singles shelters, and supportive housing for disabled veterans, people in recovery from addiction or living with mental illness, and victims of domestic violence.

Westhab operates two full-service food pantries in Yonkers, at 103 Elm Street and 28 Pier Street, and also partners with the Food Bank for Westchester to host the STEPS program. Westhab's main offices are located at 85 Executive Blvd., Elmsford, NY 10523; (914) 345-2800, [www.westhab.org](http://www.westhab.org).

## Need Office Furniture?

The Food Bank has used office furniture available on a first-come first-served basis. Arrangements must be made and furniture picked up from the Food Bank's Millwood facility **no later than Friday, December 23, 2011**. Contact Cora for information and to reserve items: (914) 923-1100 or [cora.rose@foodbankforwestchester.org](mailto:cora.rose@foodbankforwestchester.org).

- \* Workstations w/fabric panels (light blue/cream), desktops, 2-drawer storage, shelf units w/light fixtures for 10 people
- \* Small computer pedestal on wheels, cream colored
- \* 3 cream-&-wooden-top desks with 2 drawers per side
- \* 2 black desks with 2 drawers per side
- \* Wooden desk with right L-shaped return
- \* Matching wood bookcase/wall unit
- \* Matching cabinet with 2 shelves
- \* 1 black table w/glass protector
- \* Credenza -black with wood top
- \* 5 fabric-and-wood reception chairs
- \* 2 vertical 4-drawer file cabinets, taupe
- \* 2 3-drawer lateral file cabinets, brown
- \* 5 5-drawer lateral file cabinets, brown

## Green Thumb: December 2011

**November 28-December 2** Swiss Chard/Spinach, Turnips/Onions, Fingerling Potatoes/Red Potatoes,

**December 5-8\*** Beets/Mushrooms, Bell Peppers/Butternut Squash, Potatoes, Red Onions/Leeks, Celery/Brussels Sprouts, Grapefruit/Red Grapes, Oranges

**December 12-16** Celery/Spinach, Carrots/Squash, Apples/Grapefruit, Pears/ Kiwi/ Oranges, Onions, Potatoes

**December 19-23** Celery/Spinach, Carrots/Squash, Onions, Potatoes, Tangerines/ Oranges/Grapefruit, Bananas/Kiwi/Apples

**December 27-30\*** No delivery

\*The Food Bank will be closed Friday, December 9 for the move to Elmsford and Monday, December 26 for the day after Christmas

PLEASE NOTE: All Green Thumb products are subject to availability.

REMEMBER: Cancellation of a Green Thumb order must be made 2 weeks in advance!



## Fresh "Produce by the Case"

Orders are taken on Wednesdays and Thursdays. If you want a weekly produce list sent to you by e-mail, contact Cora.

The list will include cost and details.

## Food Network News...



**Joan McGovern**, executive director of **The Lord's Pantry**, White Plains, which she founded in 1990 after losing the 11th of her 13 children to AIDS, died November 3 at age 86. She was a tireless worker and advocate for those living with HIV & AIDS. She will be greatly missed by her family and friends, as well as the emergency food network.

Belated condolences to family and friends of **Mary Simpson**, director of Volunteers and a volunteer herself for 22 years in the Food Pantry at **HOPE Community Services**, New Rochelle. She died at age 88 on September 22.



**Congratulations to Duke Searles**, of Peekskill, supervisor of the **Montrose VA Food Pantry**. A retired U.S. Army specialist, Duke, below left, was inducted into the **Veterans Hall of Fame** November 10 in Putnam County by New York State Senator Greg Ball, right, during a special ceremony. Duke was a 2007 Hunger Hero.



## New Products

### BULK:

Long Grain White Rice – 30/2lb  
Whole Grain Brown Rice – 18/2lb

Mandarin Oranges – 24/11oz  
Fruit Cocktail – 24/15oz  
Chunk Lt. Tuna in Water– 48 oz.  
Sliced Turkey Breast – 12/6oz  
Sliced Ham – 12/6oz  
Brown 'n Serve Sausage – 12/7oz

Pork Sirloin Roast – 10/2lb  
Breaded Chicken Patties – 15/1lb

Boneless Chicken Breasts – 16/2lb  
Hormel Extra Lean Pork Tenderloin Tips – 8/2.4lb  
Hams – 6/4lb  
Canned Spaghetti & Meat Balls – 24/15oz

Beef Ravioli in Tomato Sauce – 24/15oz

Shelf-stable Skim Milk – 12/32oz

Shelf-stable Milk – 27/8oz  
Whole Grain Wheat Cereal with Strawberries – 12/10.5oz

### USDA:

Green Beans – 24/15oz  
Whole Kernel Corn – 6/#10 cans  
Whole Froz Chickens – 10 per 44lb. case  
Dry Lentils – 12/2lb  
Creamy Peanut Butter – 12/18oz

### DONATED:

Frozen Venison – 12/1 lb. bags  
Frozen Diced Potatoes 30lb bag  
Frozen Zeppole Pastry Shells – 30 ct  
Assorted Chips - \$.10/lb.  
Assorted Candy - \$.10/lb  
Frozen Zeppole Pastry Shells – 30 ct

NOTE: We are emptying our freezer to prepare for our move to Elmsford, so there will be less selection of frozen foods during that process.

## Dates To Remember

- Friday, December 9, 2011 ♦ Food Bank offices CLOSED for Move
- Monday, December 12, 2011 ♦ Monthly Reports Due
- Friday, December 16, 2011 ♦ Food Bank will CLOSE at 2:00 pm
- Monday, December 26, 2011 ♦ Christmas Holiday-Food Bank CLOSED
- Friday, December 30, 2011 ♦ Inventory-NO deliveries/pick ups
- Monday, January 2, 2012 ♦ New Year's Holiday-Food Bank CLOSED
- Tuesday, January 10, 2012 ♦ Monthly Reports Due
- Monday, January 16, 2012 ♦ Dr. King Holiday—Food Bank CLOSED
- Tuesday, January 31, 2012 ♦ Inventory-NO deliveries/pick ups



## JOIN THE LANZA CHALLENGE!

Help the Food Bank unlock the door to our new warehouse. Philanthropist Pat Lanza has generously offered \$750,000 in matching funds to help us move into this new facility — she will match every dollar donated to the fund. Please tell your friends and funders about the Lanza Challenge — or simply point us to a potential donor — and help us pay for renovations and new warehouse equipment .

We need a total of \$2.2 million.

Contact the Food Bank (914) 923-1100 or [www.foodbankforwestchester.org](http://www.foodbankforwestchester.org).