

## Stop & Shop sponsors forum on child obesity

Posted by: Rich Liebson - Posted in Uncategorized on Mar 09, 2011

The Stop & Shop supermarket in White Plains is hosting a free community forum Thursday (March 10) on the growing problem of child obesity.

The Center of Disease Control says that child obesity has more than tripled over the past three decades and that overweight children run higher risk factors for cardiovascular problems including high cholesterol and high blood pressure. Children who are obese also are at greater risk for bone and joint problems, sleep apnea and social and psychological problems. Gone unchecked, child obesity that carries into adulthood increases risks for heart disease, type 2 diabetes, stroke, cancer and osteoarthritis.

Thursday's forum will feature a panel of experts including Dr. Karen Seligman, head of preventive cardiology and assistant professor of pediatrics at New York Medical College; Brenda Madera, a registered nurse and health service coordinator for White Plains Public Schools; Frank Williams, executive director of the White Plains Youth Bureau; Christina Rohatynskij, executive director of the Food Bank of Westchester; and Andrea Astrachan, vice president of Consumer Affairs for Stop & Shop.

The forum is scheduled for 11 a.m. at the store, located at 154 Westchester Ave.



You might also be interested in:

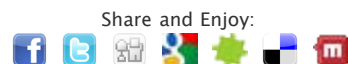
[Men Who Cook](#) (*White Plains Express*)

[Cyclists seek covered bike parking at North White Plains train station](#) (*The Journal News*)

Selected for you by a sponsor:

[High Cholesterol: Can You Avoid Statins?](#) (*EverydayHealth.com*)

[Understanding the Side Effects of Treatment for Rheumatoid Arthritis](#) (*Health.com*)



Print This Post | Email This Post

### Advertisements



Leave a comment using your facebook account or leave a comment below

Connect with Facebook

Name (required)

Mail (will not be published) (required)

Website

### Search this blog

### Contact us:

- [Send us a story tip](#)
- [List an item in our events calendar](#)
- [Share a photo](#)

### Advertisement

### Follow us



Get blog updates via email:

### Recent Activity

You need to be logged into Facebook to see your friends' activity

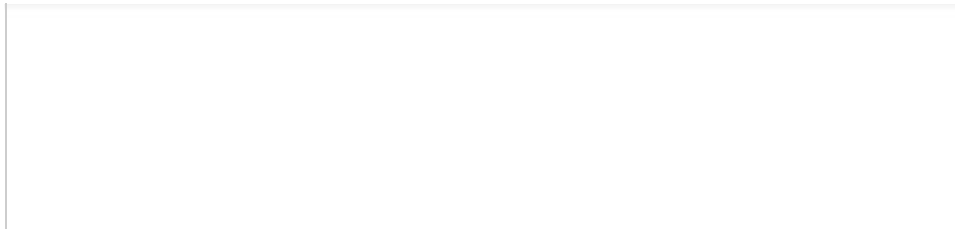
No recent activity to display.

[White Plains, Valhalla and surroundings | Harrison Turns out for Columbus Day Parade](#)  
7 people shared this.

Facebook social plugin

[Daily Photos](#)

[Sports Photos](#)



[← Calling all village candidates](#)

[Hockly fund raiser →](#)



LoHud TV



[More Videos](#)

Place an ad

Call (914) 694-3581



Advertisement

### News from your community

- [White Plains](#)
- [Elmsford](#)
- [Greenburgh](#)
- [Scarsdale](#)

### Recent comments

- reptileguru: [thats a blue tongued skink not a savannah monitor...](#)
- GooseCeal: [accutane guild political free legal form Buy Accutane - does accutane help acne accutane and anxiety...](#)
- harvey: [Speak English please](#)
- harvey: [Joe Delfino](#)

would be a good choice since there doesn't appear to be any Republicans left in White...

- Ed Unneland: How about Joe Delfino taking over for the remainder of the term? He was a dignified, competent mayor...

### Other recent entries

- Hockly fund raiser
- Stop & Shop sponsors forum on child obesity
- Calling all village candidates
- Ossining advances to NYSPHSAA Regional Final
- Earthquake relief fundraiser on Wednesday

### Calendar

- [Search calendar](#)

### Recent Real Estate Sales

- 25 Rockledge Avenue White Plains, Price: \$320,000
  - 54 Smith Avenue White Plains, Price: \$386,500
  - 4 Martine Avenue White Plains, Price: \$300,000
  - 300 Mamaroneck Avenue White Plains, Price: \$451,500
  - 32 Pleasant Avenue White Plains, Price: \$465,000
- [Search real estate sales](#)

### Recent Real Estate Foreclosures

- 288 Fisher Avenue White Plains, Price: \$785,880
- 20 Park Avenue White Plains, Price: \$369,338
- 380 Grasslands Road Mount Pleasant, Price: \$467,022
- 67 Park Circle White Plains, Price: \$644,301
- 95 South Kensico Avenue Mount Pleasant, Price: \$540,441

[Search foreclosures](#)

### Monthly Archives

- [March 2011](#)
- [February 2011](#)
- [January 2011](#)
- [December 2010](#)
- [November 2010](#)

### Links

- [LoHud Blogs](#)
- [Northern Westchester Express](#)
- [Review Press Express](#)
- [Rockland Express](#)

October 2010      Sound Shore Express  
September 2010      White Plains Express  
August 2010      Yorktown/Cortlandt  
July 2010      Express  
June 2010  
May 2010  
April 2010  
March 2010  
February 2010  
January 2010  
December 2009  
November 2009  
October 2009

### The Express

For more news and photos from your region, enjoy the EXPRESS section in The Journal News every Thursday and Sunday.

### Resources

Arts Organizations  
Colleges  
Ethnic Organizations  
Food Pantries  
Golf courses  
Hospitals  
Libraries  
Museums  
Music venues  
Nonprofit associations  
Parks  
Restaurants  
Service Organizations  
School closings  
Schools  
Worship  
VFW's