



Harvard Serves: Harvard Club of Westchester

Harvard Volunteers spent another busy session at the Food Bank for Westchester in Millwood on Saturday March 26th. At its peak, the event attracted over 40 adults and children ages 5 and up. Visits to help at the Food Bank particularly attracted young f

Harvard Volunteers spent another busy session at the Food Bank for Westchester in Millwood on Saturday March 26th. At its peak, the event attracted over 40 adults and children ages 5 and up. Visits to help at the Food Bank particularly attracted young families, as parents hoped to instill in their children respect for the needs of others and a commitment to volunteerism. In this upbeat atmosphere, volunteers who hardly knew each other became teammates in the cause of alleviating hunger in Westchester.

While many volunteers unpacked and sorted groceries large shipments of groceries, discarding those with unacceptably old expiration dates and checking unexpired containers against lists of recalled items, others congregated around a new shipment of frozen meats from local supermarkets and restaurants and, armed with plastic gloves, focused on dividing this shipment into family-size portions.

The Food Bank serves as a warehouse shipping food to smaller food pantries all over Westchester and uses its considerable market clout to get good prices on staples through bulk purchasing. It also accepts donations from individuals and groups such as scout troops, schools, hospitals, and large companies.

We continue to be energized by the enthusiasm shown by volunteers of all ages.