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## Cox Joins Food Bank for Westchester



Written by Fred Scaglione

Thursday, 14 April 2011 08:24

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Sara Cox

Sara Cox has been appointed Nutrition Resource Manager at The Food Bank for Westchester. In this role, Cox will provide nutrition and food safety information and training to staff and clients of the Food Bank and its 200 frontline hunger-relief member programs, including food pantries and soup kitchens. She will also serve as the Food Safety Compliance Officer for Food Bank member programs and product quality control.

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Prior to joining the Food Bank for Westchester, Cox was Nutritionist at "Just Say Yes To Fruits and Vegetables," a USDA- and New York State-funded program that provides nutrition education and demonstrations to low-income adults in the community. Before that, she was a nutritionist in a private medical practice in New Jersey. An active volunteer, Cox created and executed a nutrition-education program in her hometown of Greenwood Lake, NY, in cooperation with the mayor and other municipal officials. This summer, she will participate in the Summer Reading Program at the Greenwood Lake Public Library, providing cooking classes for all age groups attending the program.

"Sara's extensive knowledge of nutrition and her experience in education and training position her very well to fulfill the duties of the Nutrition Resource Manager," said Food Bank for Westchester Executive Director Christina Rohatynskyj. "In her previous role with 'Just Say Yes To Fruits and Vegetables,' she was already working with many of our member programs, so this will be an easy transition for all."

Cox holds a degree in Food Science and Nutrition from Montclair State University, New Jersey. She also recently attained a Culinary Arts degree from the Institute of Culinary Education, New York, NY.

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OFFICE HOURS  
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NONPROFITS

04/01 - 05/31  
Human Services  
Workshops/GSS  
host various  
workshops

04/07 - 05/13  
STILL PRESENT  
PASTS ART  
EXHIBIT at NEW  
YORK  
UNIVERSITY

04/15 - 04/17  
Camp Pa-Qua-  
Tuck's Spring  
Respite Schedule  
Announced

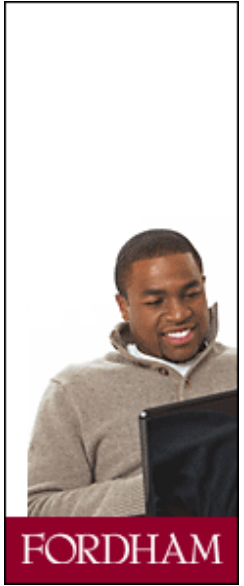
04/20  
"Social Networking  
and Online  
Fundraising  
Success"

04/21  
Nonprofit  
Nightmares: A Risk  
Management  
Seminar for  
Nonprofits

04/22  
WILLIAMSBURG  
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