



White Plains

Main Street Connect — Your Home Town Online

- Sign In
- Register
- Contact Us

Wondrous Things
Briarcliff
we've done your shopping for you
jewelry accessories apparel beauty gifts baby stationery

White Plains Exec Empowers With Knowledge

by Patrice E. Athanasidy 08/19/11

[Tweet](#) 2
 [Like](#) Confirm 1 0



Jean Connolly believes knowledge empowers people

Photo credit: *Courtesy of BNY Mellon*

Croton-on-Hudson resident Jean Connolly shines the light on a number of not for profits throughout Westchester County. As senior director of **BNY Mellon** Wealth Management in White Plains, Connolly is in a position to network around the county bringing volunteers and good causes together.

A volunteer for many years, she finds that her passion has brought her to focus on organizations that care for and empower women, including [Hope's Door](#), [Go Red for Women](#) and the [Food Bank of Westchester](#), to name a few.

Hope's Door, where she serves as a director on the board, seeks to end domestic violence and empower women, Connolly explains. "Collectively as a board we try to offer hope and education," she says, pointing to Star, a program that is run through the schools in the county to educate teens.

She and a number of her colleagues worked with Benjamin Moore to spruce up the shelter itself. Connolly is also instrumental in "shining a light" on domestic violence this October, since it has been designated as the month to increase awareness. "We are going to "paint the county purple," she says as she lists ways others can help from donating cell phones to donating time right on the grounds for a one-day fall clean up.

Connolly believes her work with the American Heart Association's Go Red for Women is also about empowerment. She explains that knowledge is power. "Half of women don't realize that heart disease is the number one killer among women. I found that out myself by going to one of the Go Red lunches."

She adds, "The Go Red movement works to make sure women know the risks, so that they can take action to protect their health." Connolly is glad to see that Go Red is capturing the attention of men as well. "Every guy has a woman in his life," Connolly says. That is why they started the Red Tie Society.

As Connolly looks ahead, she sees a full schedule. Hope's Door is having its annual luncheon at Kittle House in October; she is serving as co-chair of the Food Bank's Valentine Wine Dinner and working with Go Red on several projects. Connolly, always looking outward, says, "When you see these survivors,... they are the ones that are heroes. They never gave up. They

Search

Real Estate	Wheels	Fashion
Wellness	Food	Home & Garden

GO TEAM!

[Oasis Day Spa](#)
salutes Rick DeFilips

MOST POPULAR

Suburban Dad:
Parking Meters
Hurt Local Stores

Eastchester Girl
Crowned Miss Teen
Westchester

BarTaco: Stamford's
Next Big Catch

Reader Praises Coverage of
Tropical Storm Irene

Stir up your Workout

give me inspiration.”

More: [Neighbors](#), [American Heart Association](#), [BNY Mellon](#), [Food Bank Of Westchester](#), [Go Red](#), [Hope's Door](#), [Jean Connolly](#)



Cherylyn Salon is Proud to Support Community News & The Daily White Plains

[Learn More >](#)

NEIGHBORS



New Filmmaker Brings 'Ricky' Home to White Plains



Bison Meat Roams the Realm of Healthy Eating



How Safe Is Your Baby's Crib?



Eastchester Girl Crowned Miss Teen Westchester

[Join](#) or [Sign In](#) to Comment

[Tweet](#)

2

[Like](#)

Confirm

1

0

Around Our Towns

- | | |
|--------------|--------------|
| Eastchester | Greenwich |
| Harrison | Larchmont |
| Mamaroneck | New Rochelle |
| Port Chester | Rye |
| Scarsdale | Tarrytown |

[See All of Our Towns >](#)

We want to hear from YOU

Send Us Your **News Tips, Announcements, Story Ideas.**

Contact

Sarina Trangle
strangle@TheDailyWhitePlains.com

Better Homes | **RAND REALTY**
 Now is a great time to buy!
 Contact us to find out why.
 Peter Gorbutt: 914-450-0814
 Carlos Gomez: 914-450-0799



LOCAL HERO



Sally Wright
 15-year YMCA
 development director uses
 community contacts to
 raise money for Rye
 residents.

Brought to you by 
Sula Pearlman

elite
DENTAL STUDIOS



RESTORATIVE AND COSMETIC DENTISTRY
Dr. Ash Khorram
914-245-7575
 334 Kear Street Yorktown Heights, NY 10598
<http://www.elitedentalstudiosny.com>



Yorktown Physical Therapy
"you made the right choice"

334 Underhill Ave, Suite 1A
 Yorktown Heights, NY 10598
 (914) 245-0298

Call Us Today



Tell Your Neighbors About Your Organization

With a few easy clicks you can include
 FOR FREE all the information your
 neighbors need about your organization.

SIGN UP TODAY

"We got approved in 30 minutes!"

Community Mutual Savings Bank
Member FDIC. All loans subject to credit approval. You're worth more here.

Get Going in the Right Direction.

CNR Wholesaler for 24c
The College of New Rochelle

LEARN MORE ▶

\$6 OFF

A FAST, FULL-SERVICE OIL CHANGE

OPEN 7 DAYS A WEEK

CLICK TO VIEW THIS AND OTHER OFFERS







TheDaily
White Plains

Your Home Town Online -
Dedicated to the Neighbors
Who Make White Plains Special

[Learn About Us](#) [Contact Us](#)

Find us on:



- [News](#)
- [Sports](#)
- [Schools](#)
- [Neighbors](#)
- [Events](#)
- [Comments](#)
- [Town Guide](#)
- [Real Estate](#)
- [Wheels](#)
- [Fashion](#)
- [Wellness](#)
- [Food](#)
- [Home & Garden](#)



Main Street Connect is a national community news company. We're dedicated to producing high-quality, local news and information, and sharing the voices of our readers with the community at large.

Visit us at www.mainstreetconnect.us.

[About Us](#) [Advertise with Us](#) [Careers](#)

Visit Other MSC Sites

